

BARBADOS TENNIS ASSOCIATION

PLAY TENNIS COURSE

DATES:- Friday September 28 – Sunday September 30, 2012 (3 days)

DAILY TIMES:- 8.30 am – 5.00 pm (21hrs in total)

VENUE:- National Tennis Centre (Wildey)

TUTOR:- Damien Applewhaite (Level 3 Coach)

COST:- \$60 towards course materials (please bring your own lunch)

TARGET AUDIENCE:- Tennis coaches, School teachers, Sport leaders,
Officials, Parents.

PARTICIPANT LEVEL

OF PLAY:- Minimum (ability to have a basic rally
with a starter player using slower balls).

OVERVIEW:-

The BTA Play Tennis Course is one of a series of courses that the ITF (International Tennis Federation) has developed to offer persons interested in coaching a chance to develop knowledge and understanding in a range of specific topic areas. The course aims to provide coaches with ideas on how to work effectively with starter players of all ages, including Mini Tennis, using a game-based approach. It covers areas such as:-

- Ideas on how to introduce the game to starter players in a stimulating and simple way.
- Use of different balls and court sizes to allow all starter players to play the game.
- Effective communication and organization, including methods of organizing group of players.
- Simple competition formats.

No previous qualification is required to attend the course. The course holds no qualification, but participants will be given a certificate of attendance. However, the course is a prerequisite to anyone wishing to pursue the level 1 coaches certification with the ITF.

OBJECTIVES:-

By the end of the course, participants should be able to:-

- Show they can get starter players to play tennis quickly (serve, rally and score).
- Run stimulating and entertaining sessions for starter players.
- Use excellent verbal and non-verbal communication skills.
- Rotate players efficiently so that all players have equal chance to perform the tasks and drills.
- Adapt tasks and drills to the level of students.
- Differentiate the activity for different abilities of players within the same lesson.
- Demonstrate each practice effectively and quickly so players know what to do.
- Run cooperative and competitive practices.
- Use equipment (balls, courts, rackets) suitable for the level of the students.
- Give simple technical and tactical instructions that can help starter players play tennis more effectively.
- Organize Mini Tennis and starter adult group sessions.
- Run simple competitions using a variety of formats and scoring systems.

If you are interested in participating in the above course, please write your name and telephone number below by Friday September 14, 2012.

